Materials to get ready for the test

1. Sport in everyday life
2. Summer and winter kinds of sport
3. Typical sport for my country
4. Healthy way of life
5. Olympic games

Home control task

1. Make an essay (1 page A4) about your healthy lifestyle
2. Make a video with your everyday exercise (check the example in the Instagram @fizra1med, there will be a special post “ENGLISH MEDIUM workout” and copy or do your own)
3. Send the video to Telegram number +79213158581 (! Text your name and group number), send the essay to [fizra1med@mail.ru](mailto:fizra1med@mail.ru)